

OVEREATERS ANONYMOUS
Mid-Hudson Intergroup sponsors a *minithon*

Bringing JOY to Recovery

Sunday, August 27, 2017

9:30 registration

Program 10am – 2pm

Bring your own lunch ~ water provided

Catskill Regional Medical Center

68 Harris Bushville Rd,

Harris, NY 12742

Ambulatory Services Building, 2nd fl. Conference Room side A
(exit the elevator to the right; entrance past the bathrooms)



Contact person: Ellany

845-807-2988 (cell)

Suggested donation: \$6.00

(If you can't pay, don't stay away.)

Overeaters Anonymous is a fellowship of individuals who through shared experience, strength and hope, are recovering from compulsive overeating. We welcome everyone who wants to stop eating compulsively. There are no dues or fees for members; we are self-supporting through our own contributions, neither soliciting nor accepting outside donations. OA is not affiliated with any public or private organization, political movement, ideology, or religious doctrine; we take no position on outside issues. Our primary purpose is to abstain from compulsive eating and compulsive food behaviors and to carry the message of recovery through the Twelve Steps of OA to those who still suffer.