

# ***PACE***

“Positive Action Changes Everything”

The Mid-Hudson Intergroup Newsletter

February/March 2009



## **Professional Outreach/ Public Information**

St. Francis Hospital in Poughkeepsie has contacted Mid Hudson Intergroup requesting members to come speak to patients who are having weight loss surgery about Overeaters Anonymous. This is a very important service that we can do, to carry the message to those who still suffer. Hilda, as the Outreach Chair for Intergroup, is meeting with a hospital representative to determine how we can help.

## **VACANT POSITIONS**

The position of Vice Chair of the Intergroup Board is vacant. If you would like to do service above the group level and are interested in fellowship with members from around the region, this may be just what you're looking for. You can find out what Intergroup does and how it functions and connects to World Service. We meet every other month on the 3<sup>rd</sup> Saturday in New Paltz from 1-3pm.

## **UPCOMING EVENTS:**

March 21 - Intergroup meeting, 1pm  
April 18 – Region6 Assembly  
April 26 – minithon

## **DONATIONS:**

Harris	\$40.00
Cornwall (Sat. & Tues.)	180.00
Cornwall Wed.	50.00
Wappingers Falls	100.00

**We appreciate group donations to Intergroup. They are the main income we have to pay for the hotline, website fee and other expenses. We also use them to send our representative to World Service Business Conference.**

## **Contact information:**

Website: [www.midhudsonoa.org](http://www.midhudsonoa.org)  
Hotline: 845-657-6603  
Meeting changes: 845-783-5715  
Chair (Hilda) – 845- 226-4769



Watch for details of the next minithon  
***SPRING INTO ACTION***  
in the next PACE and on the website.