

PACE

“Positive Action Changes Everything”

The Mid-Hudson Intergroup Newsletter

December 2007/January 2008



October Minithon: On Sunday, October 21, 2007 from 1:30 p.m. to 4:00 p.m. a mini-thon was held at St. John's in Cornwall. The purpose of the mini-thon was to plan for the holidays. All were given a “Holiday Survival Kit” that we got to develop during the afternoon. Part of the Survival Kit was a God Can, slogans that are useful, format for a written plan for the holidays, specific prayers, and, of course, the tools of the program.

Discussion was vibrant. There was genuine sharing of concerns, and suggestions to counteract the concerns. The attendees walked away armed with ideas, suggestions and incentive to make their holidays abstinent and peaceful.

Thank you for the opportunity for abstinence and peace. Jeannette

Upcoming Events:

Jan. 19 – MHIG meeting 1pm

Feb 17 – minithon

See web site (address below) for full 2008 intergroup calendar

7th Tradition Donations:

Beacon -\$60

Minithon -\$32

Poughkeepsie HOW - \$55

IDEA DAY REPORT

Hilda is Vice Chairperson

Rica is the new Treasurer. (*Effective 1/1/8, checks should be sent to: MHIG, 137 Stillwater Road, Stone Ridge, NY 12484.*)

Evangelyn is Recording Secretary.

We still need someone to help with the minithons.

Thank you to everyone who supports Intergroup with donations and service.

CONTACT INFORMATION

info@midhudsonoa.org

Website: www.midhudsonoa.org

Hotline: 845-657-6603

Meeting changes: 845-783-5715 or
correspondingsec@midhudsonoa.org
See web site for latest meeting list.

Chair (Mary Ellen) – 845-562-1342

Region Assembly Report - September 29, 2007:

I attended my first Region 6 assembly meeting this year on the last Saturday in September. For years I had read copies of the *Messenger*, the publication that lets us know what goes on at these meetings. I always enjoyed the articles on the first page from the region trustee but understood little of the rest of the material that pertained to the committees, representatives, bylaws, etc. I also thought only representatives were allowed to attend these meetings.

At my first inter-group meeting also in September I learned that I could attend as a visitor and participate in the days activities except for voting, which only the designated representatives do. I was somewhat apprehensive not knowing what to expect, but my higher power took over right in the parking lot as I got there. One of the other representatives from Mid Hudson was parking right next to me. She and the other Mid Hudson representative were very helpful in explaining everything that was going on throughout the day. There was also an orientation for newcomers before the session started.

Our Region 6 is made up of inter-groups from NY, Connecticut, Massachusetts, Maine, New Brunswick, New Hampshire, Newfoundland, Nova Scotia, Ontario, Quebec, Rhode Island and Vermont. It was announced that this assembly was one of the most well attended in recent years. The assemblies are held twice a year in the Spring and Fall. The business on the regional level is carried on here. Each region has a Trustee and there are ten regions that make up World Service. These trustees meet periodically at World Service to conduct OA business on a world-wide level.

The day was divided into morning and afternoon sessions. You could purchase your lunch there or bring your own. The morning session consisted mainly of a speaker and a workshop on diversity in OA. I found the afternoon session the most interesting. Everyone broke up into different committees. I chose the Public Information committee meeting. It was amazing to see some of the different ideas and initiatives other groups have come up with in their efforts to attract others to OA. For example one of the inter-groups in Westchester county came up with the idea of putting contact information for OA on the disposable place mats often found in most diners.

I have such an appreciation now of what goes on at the assembly; for the *Messenger*; and of those OA members who volunteer their time and efforts to keep our organization running. I enjoyed the experience of being there and meeting so many people from the other areas.

I encourage all my fellow OA members who are able to, to participate on another level of OA outside of your local meeting. I am very glad I did.

Evangelyn

P.S. examples of ideas that were discussed at the P.I. meeting that intergroups have or are currently doing for advertising OA.

1. Ads on local cable stations
2. Ads in a free newspaper that was given out at train stations
3. Ads in movie theatres (on the screen prior to the coming attractions)
4. Pens with website info on them to give out at health fairs etc.