

**Getting in touch with your Intergroup:  
Mid-Hudson OA Intergroup Service Board**

Chair: Hilda B.....845-223-1076 MHIGchair@midhudsonoa.org	Vice-Chair: Barbara B.....845-246-5237 MHIGvchair@midhudsonoa.org
Treasurer: Dexter J. ....845-657-6915 Treasurer@midhudsonoa.org	Recording Secy:.....Position Vacant recordingsec@midhudsonoa.org
Corresponding Secy: Mary Ellen W.845-562-1342 correspondingsec@midhudsonoa.org	Literature Chair: Cathy C.....845-469-6154
12th Step Within Chair: June B.....518-537-6644	Prof. Outreach Chair: Hilda B..... 845-223-1076
PACE Editor: Silke T.....845-532-3400 PACEeditor@midhudsonoa.org	Speakers Bureau: Rica R.....845-657-2622
Special Events (act.): Mary Ellen W.845-562-1342 events@midhudsonoa.org	MHIG Webmaster (acting): Dexter J...845-657-6915 webzmaster101@midhudsonoa.org

**Region 6 Representatives and Alternates**

Hilda B.....845-223-1076	June B. .... 518-537-6644	Rica R.....845-657-2622
Barbara B.....845-246-5237	Mary Ellen W....845-562-1342	Madeline H.....845-783-5715

WSBC Delegates: Barbara B.....845-246-5237

**Overeaters Anonymous Email Addresses**

Board of Trustees:.....	BOT@overeatersanonymous.org
Accounting: .....	Accounting@overeatersanonymous.org
Member Services: .....	MbrSrces@overeatersanonymous.org
Sales: .....	Sales@overeatersanonymous.org
Inquiries: .....	Info@overeatersanonymous.org
Problems: .....	Help@overeatersanonymous.org

**Donations to Mid-Hudson Intergroup**

MHIG Treasurer  
74 Bostock Road  
Shokan, NY 12481

**WSO Donations and Literature**

World Service Organization  
P.O. Box 44020  
Rio Rancho, NM 87174

**WSO Trustee, Region 6**

Mary Rose D.  
email: trustee@oaregion6.org

**Donations to Region 6**

R6 Treasurer  
P.O. Box 3073  
Milford, CT 06460

**WSO Information (including Service by Mail)**

Phone# 505-891-2664  
email: info@overeatersanonymous.org

**To report information on Mid-Hudson Intergroup OA meetings:**

MHIG Corresponding Secretary  
324 Nina St.  
New Windsor, NY 12533  
Phone: 845-562-1342

**24-Hour Meeting Information and Hotline  
845-657-6603**